



801 E. Front Street, Traverse City, Michigan 49686

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Making longer lives, better lives.

FOR IMMEDIATE RELEASE

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Subject: Hearing Health Explained

Kingsley – Hearing loss that occurs gradually as you age is common. About one-third of people in the United States between the ages of 65 and 75 have some degree of hearing loss. For those older than 75, that number is approximately 1 in 2. Although you can't reverse most types of hearing loss, a doctor or a hearing specialist can take steps to improve what people do hear.

Join Dr. Hillary Tonnies from Family Hearing on Wednesday, June 26, 12:30 p.m. in Kingsley, at 115 E. Blair Street, as she answers questions about hearing aids, if there is help to pay for them and more. A free hearing test and hearing aid clinic will be available starting at 11:30 a.m.

Dr. Tonnies graduated from Ohio State University with a Bachelor's degree in Speech and Hearing Science and a minor in Disability Studies. She received her Doctorate of Audiology degree in 2016 from the Northeast Ohio Au.D. Consortium – a collaborative program between the University of Akron, Kent State University and the Cleveland Clinic.

Hearing loss can have a significant effect on a person's quality of life. Because hearing loss can make conversation difficult, older adults with hearing loss may experience feelings of isolation.

The Hearing Health Explained presentation is free. An optional lunch will be served at noon. There is a \$3 suggested donation for lunch for those 60 and over; all others will be charged \$5. Advance registration is required for lunch by Monday, June 24 by calling 231-922-2080.

For more information or to register, email dmikowski@grandtraverse.org or call 231-922-2080.

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The Senior Center Network, part of the Grand Traverse County Parks and Recreation Department, offers diverse programs to older adults in Grand Traverse County. Thousands each year enjoy dozens of activities on a daily basis at locations in Traverse City, Acme, Fife Lake, Interlochen, and Kingsley. Business hours are Monday through Friday, from 8 a.m. to 5 p.m. For more information, call 231-922-4911, or visit www.grandtraverse.org/scn or our Facebook page.